



Tour Information



Walking in Menorca





Travel

Passports

You may need to renew your British Passport if you are travelling to an EU country. **Please ensure your passport is less than 10 years old (even if it has 3 months or more left on it) and has at least 3 months validity remaining from the date of travel.**

For more information, please visit: [passport checker](#)

Visas

If you're a tourist, you do not need a visa for short trips to Spain.

For all other passport holders please check the visa requirements with the appropriate embassy.

For further information, please check here: [travel to the EU](#)

Spanish consulate: 20 Draycott Place, London SW3 2RZ; Tel: 020 7589 8989, Fax: 020 7581 7888.

Open Mon-Fri 09:15-14:00 (except Spanish National holidays).



Tickets

Included with this documentation is an e-ticket, which shows the reference number for your flight. EasyJet have now replaced their airport check-in desks with EasyJet Baggage Drop desks. **Therefore, you must check-in online and print out your boarding passes before travelling.** Checking in online also provides the opportunity for you to pre-book seats, if you wish, at an extra cost.

Online check-in is available any time prior to travel using the reference number provided. Please see the enclosed e-ticket for more information or visit; [www.easyjet.com](#)

Please check that the details on your documentation are accurate and that all names are spelt correctly and match the names on your passport. Your flight ticket is non-transferable and non-refundable. No refund can be given for non-used portions.



Baggage allowance

We advise that you stick to the baggage allowances advised. If your luggage is found to be heavier than the airlines specified baggage allowance the charges at the airport will be hefty.

Your EasyJet ticket includes one hold bag of up to 23kg plus **one** cabin bag that can fit under the seat in front of you, (maximum size 45 x 36 x 20cm, including any handles or wheels). If you book an upfront or extra legroom seat you can also take an additional large cabin bag on board.

For more information please visit: [www.easyjet.com](#)

Transfers

On arrival in Menorca, transfer by coach to your hotel.

Special Requests

If you haven't already done so, please notify Travel Editions of any special requests as soon as possible to allow sufficient time to make the necessary arrangements.

Border Control

You may have to show your return ticket and money.

At border control, you may need to show a return or onward ticket, show you have enough money for your stay, use separate lanes from EU, EEA and Swiss citizens when queuing.



Accommodation

Port Ciutadella Hotel

The Port Ciutadella Hotel occupies a fantastic location, just a 5-minute walk from Ciutadella's Platja Gran Beach and a 15-minute walk from Ciutadella's historic quarter, where plenty of shops, tapas restaurants and bars can be found. This stylish hotel features an outdoor pool, an on-site spa with indoor swimming pool, steam baths and a sauna, a buffet restaurant and a lobby bar. Rooms at the hotel are bright and spacious and include ensuite bathrooms, telephone, air-conditioning, TV, mini bar, rental safety deposit box and Wi-Fi. All rooms have balconies.

For more information please visit the hotel's website: <https://www.sethotels.com/>



Food

Eating out in Spain can often be reasonable, and meals substantial rather than gourmet.

The food in the Balearic Islands and Menorca reflects its history as a strategic point on ancient trade routes with different occupying forces leaving their mark, from Arabs and Catalans to the French and British. Its island nature means that seafood predominates with wonderful local produce including lobster often accompanied by the traditional Menorcan, creamy garlic sauce and traditional fishermen's stew or fish pie. Pastries and desserts also feature extensively. Some restaurants will offer a set meal at a fixed – *menú del día* – at lunchtime, generally good value for money. Usually, a discretionary service charge is added to your bill in restaurants and bars, but it is customary to leave small change if good service is provided.

Generally speaking, mealtimes in Spain are much later than in the UK. Lunch is normally taken between 1400 and 1600; dinner is very often eaten any time after 2100 or even 2200.



Drink

Spain is essentially a wine-drinking country, with sherry being one of the principal export products. Its English name is the anglicised version of the producing town *Jerez*, from which the wine was first shipped to England. Today, Britain buys about 75% of all sherry exports. There are four main types: *fino* (very pale and dry), *amontillado* (dry, richer and darker), *oloroso* (medium, full-bodied, fragrant and golden), and *dulce* (sweet). Local Menorcan wines are available such as the omnipresent Binifadet that produces syrah and merlot varieties. There are only a handful of producers on this small island so its output is augmented by imports from Majorca and the mainland and beyond. Spanish brandy is as different from French as Scotch whisky is from Irish. It is relatively cheap, pleasant, although some brandy drinkers may find it a little sweet. Brands include *Carlos I*, *Osbourne* and *Fundador*. Well-known Spanish beers (*cerveza*) include *San Miguel*, *Damm*, *Estrella Galicia* and *Cruzcampo*.

Meals included in the price of your holiday:

Breakfast – Daily

Lunch – Five picnic lunches

Dinner – Three dinners

Taking food and drink into EU countries

You are not able to take meat, milk or products containing them into EU countries.



Destination

The most easterly of the Balearic Islands, Menorca is made up of two very different geological areas. Tramontana in the north and Migjorn in the south are separated by a fracture line that runs from the harbour town of Mahón. The Northern region is ancient; its rocks are fractured and folded and are made up of mainly palaeozoic conglomerates and sandstones. The South side is much newer, dating from the Miocene period, and is made up of mainly limestone. It forms an almost horizontal platform carved out with numerous gullies (Barrancos) which outflow into beautiful coves.

Menorca offers a wonderful variety of terrain for walking, which is both diverse and scenic. Our resident guide, Javier Mendez, who also leads our 'Flowers and Wildlife of Menorca', in addition to his skills as a walking guide, offers an expert insight into the exceptional nature and wildlife of this beautiful island. The trails followed will encounter a wide mix of the beauty Menorca offers; stunning beaches, centuries old forests, coastal wetlands, fishing villages, a national park, and at the same time, Javier will introduce you to a little of the island's history. The walks average around 9kms with just one day 11kms.

The island is circumvented by the Cami des Cavalls, ('The Horse Road'), first built for defensive purposes by the British, but recently renovated and marked so one can walk, ride or bike the perimeter of the whole island in 20 stages.

Favàritx – Es Grau

The walk starts at Favàritx lighthouse, at the north of the Es Grau Natural Park, one of the most magical and enigmatic places on the island. The walk follows the east coast, passing through the only natural park of the island, to the small fishing town of Es Grau. Along the way we'll discover small beaches, coastal wetlands, a spectacular endemic flora, defence towers that tell us about the stormy past of the island, and the Es Grau lagoon, the largest wetland of Menorca. Accompanying us will be the majestic presence of the Mediterranean Sea and some splendid views of the east coast of the island.

Cala Tirant – Binimal·là

Our walk today takes us from the beautiful beach of Cala Tirant to the no less surprising one of Binimal·là on the north coast of Menorca, which will

amaze us with its beauty. This part of the island is characterized by the beauty of its beaches, its geological wealth and its contrast of colours. A walk for the senses on a coastal path that leaves no one indifferent.

El Pilar – Algaiarens

Today's walk takes us through one of the wildest areas of the north of the island, giving us the opportunity to discover a more rural Menorca, with its variety of landscapes and the spectacular nature of its forests. It is a walk that alternates between coast and interior but always an exuberant nature; we will discover red sand beaches, centuries-old oaks forests and cow pastures with vulture roosts.

Cala Galdana – Son Saura

The south coast of Menorca is characterized by white sand beaches and crystal-clear waters. Today's route will encounter some of the most spectacular beaches of the island with a gentle walk that follows the Menorcan south coast, where pine forests are interspersed with small but beautiful beaches, which have become known as the 'Menorcan Caribbean'. Macarella, Macarelleta, Turqueta, Es Talaier or Son Saura beaches will transport us to a Menorca totally different from what we had seen so far.

Santo Tomas – Cala Galdana

The limestone rock that forms the southern half of Menorca has been moulded over the years by small rivers that have crossed the island from north to south forming spectacular ravines that flow into spectacular beaches on the south coast. Today's route will take us into some of these ravines, showing us the bowels of the island, its vertical walls and its wildlife in a winding route with a start and finish at the spectacular beaches of Binigaus and Cala Mitjana.

Tour Guide

Your guide for this tour is a professional ornithologist and naturalist. Javier is a co-founder of Menorca Ornithologist Society and a member of Menorca Research Institute. He was born and bred in Menorca and knows the island intimately. He has been a keen birdwatcher and nature lover all his life and he has done many studies about the Menorcan bird population and its wildlife. Javier speaks good English and has a natural and infectious enthusiasm for birds and the unique wildlife of Menorca. He has been guiding groups of birdwatchers, walkers, and nature enthusiasts on the island since 2001.

Grading

This tour has been graded as **Moderate**: Relatively few hills and moderate walking terrain.

Practical Information

We recommend you bring the following items:

- 1 light waterproof jacket
- 1 good size day sack
- 1 pair of light trousers (for prickly undergrowth)
- 1 water bottle
- A small torch
- Personal first aid kit
- Sun hat
- Sun cream
- Insect repellent
- 1 fleece or warm layer for cold in altitude or chilly evenings
- T-shirts/layers so you can adjust to changing early/late season weather conditions
- A walking stick or ski sticks can be very useful for loose terrain

Although none of the walking paths are particularly difficult, you will encounter uneven and sometimes rocky terrain, so it is essential to have comfortable, well-fitting and protective footwear. It is advisable that boots are ankle high to provide good ankle support. Vibram soles tend to have better grip. It is always advisable to break in your boots before your holiday. Try two pairs of socks, one thin pair close to the skin, and a thicker outer sock.

Bring a foot care kit, especially useful is moleskin and second skin, compeed is also very good for blisters.



The Basics

Climate – The weather in Menorca at this time of year is likely to be pleasant, but there is the chance of the odd shower. Our best advice is to come prepared.

Time – GMT +2 hours (Summer time Apr-Oct); GMT + 1 (Standard time Nov-Mar).

Language – Spanish.

Religion – Roman Catholic.

National holidays – New Year's Day (01 Jan); Epiphany (06 Jan); Good Friday; Easter Monday; Labour day (01 May); Assumption of Mary (15 Aug); Spanish National holiday (12 Oct); All Saints' day (01 Nov); Spanish Constitution Day (06 Dec); Immaculate Conception (08 Dec); Christmas day (25 Dec).

Currency – Euro. €1 = 100 cents. Notes are in denominations of €500, 200, 100, 50, 20, 10 and 5. Coins are in denominations of €2 and 1, and 50, 20, 10, 5, 2 and 1 cents.

Banks – Cashpoints compatible with international banking networks are located in all towns and cities, as well as airports, major train stations and other spots. They usually offer an attractive exchange rate. Those banks that still exchange foreign currencies into local money will always charge a transaction fee, so withdrawing money from an ATM usually represents the most logical means of obtaining euros.

Credit cards – American Express, Diners Club, MasterCard and Visa are widely accepted across the country. If you're eating at a restaurant, check prior to the meal that your card will be an acceptable form of payment. Even in cities, it's advisable to carry a supply of cash with you at all times. Varying amounts of commission can be charged.

Electricity – 220 volt, two-pin continental plug.

Drinking water – Tap water is safe to drink, although some complain it has a strange taste, so it is generally recommended to drink bottled water, readily available in supermarkets and shops.

Shops and museums – Shops are open Mon-Sat 0900-1400 and 1700-2000. Supermarkets and

department stores tend to open 0930-2100/2200 and may open on Sundays in larger towns.

Please note that some museums close on Mondays.

Clothes & Shoes – You may like to bring a warm sweater for cool evenings. Light rain wear for the occasional storm and good grip/flat walking shoes are recommended.

Telephones/mobiles – The guarantee of free mobile phone roaming throughout the EU, Iceland, Liechtenstein and Norway has ended. Check with your phone operator to find out about any roaming charges you might get from 1 January 2021. A new law means that you're protected from getting mobile data charges above £45 without you knowing. Once you reach £45, you need to opt in to spend more so that you can continue using the internet while you're abroad. Your phone operator will tell how you can do this.

Tipping – To keep our tours affordable, we do not increase the tour price by adding in tips. However, in the tourism industry, there is a certain level of expectation that when receiving a good service, one does award with a tip. Tour Managers, Representatives, Guides and Drivers appreciate a tip at the end of their involvement with the tour, but this is entirely at your discretion. We believe in allowing you to tip according to your level of satisfaction with their services, but for your guidance about £2-3 per person per day for the tour manager is the norm. We would like to reiterate that tipping is an entirely optional payment and this information is given purely to answer any questions you may have about it.



Health

Doctor/Dentist/Chemist

Please talk to your tour manager if you are feeling unwell and they will organise for you to see a doctor.

Keep receipts for insurance claims.



Hospital

Your guide/hotel reception will arrange hospital transport.

Keep receipts for insurance claims.

General Health Advice

We suggest you take a good supply of your own individual medicines with you and always keep some in your hand luggage in case you get delayed or your luggage goes astray. General-purpose supplies for bites, stings, or scratches, and your usual medication for headaches, or stomach upsets are always recommended. Oral re-hydration sachets are excellent for topping up salt and glucose levels.

Visit the NHS Fit For Travel website for more generally information specific to the country you are visiting – www.fitfortravel.nhs.uk

Sun Protection

Spanish summers can be hot and sunny, so always ensure you take sufficient sun protection and moisturiser. A sun hat and sunglasses are also advisable.

Inoculations

No compulsory vaccinations are required for travel in Spain.



Insurance

To be covered under your Travel Insurance Policy, if you become ill, it is essential that you contact a local doctor and also telephone the emergency number of your insurance company. You will **NOT** be covered for any claim unless this procedure is carried out. Your insurance company will then decide on the best course of medical attention. We strongly recommend that you take out an appropriate travel insurance policy when you travel abroad.

Global Health Insurance Card (GHIC)

Before you travel, make sure you've got a valid UK Global Health Insurance Card (GHIC) or travel insurance with health cover.

You may not have access to free emergency medical treatment and could be charged for your healthcare if you do not have an EHIC or GHIC when visiting an EU country, or travel insurance with full healthcare cover when visiting Switzerland, Norway, Iceland or Liechtenstein. If you have an EHIC it will still be valid while it remains in date. Your European Health Insurance Card (EHIC) or Global Health Insurance Card (GHIC) will be valid if you're travelling to an EU country.

We strongly recommend that you take out an appropriate travel insurance policy when you travel abroad.

For further information about the GHIC please visit: <https://www.nhs.uk/using-the-nhs/healthcare-abroad/apply-for-a-free-uk-global-health-insurance-card-ghic/>



Emergencies

Should an emergency arise, please call our offices on:

00 44 20 7251 0045 (Mon-Fri 09:00-17:00)

Outside the above hours please telephone our emergency staff on:

0044 7952 237156 or 0044 7841 023807

PLEASE USE THESE NUMBERS ONLY IN THE EVENT OF A GENUINE EMERGENCY.

If you find that you are in need of consular assistance during your holiday:

British Consulate General Madrid

Torre Espacio

Paseo de la Castellana 259D

28046 Madrid, Spain

Spain.consulate@fco.gov.uk

Telephone enquiries: 902 109 356 (in Spain), +34 917 146 300 (if outside Spain).

Consular phone lines are open 09:00-17:00.

Travel Editions

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