



Tour Information



Helsinki Art Nouveau to Post Modernism





Passports

You may need to renew your British Passport if you are travelling to an EU country. **Please ensure your passport is less than 10 years old (even if it has 6 months or more left on it) and has at least 6 months validity remaining from the date of travel.** For more information, please visit: [passport checker](#)

Visas

As a tourist visiting from the UK, you do not need a visa for short trips to Finland. For all other passport holders please check the visa requirements with the appropriate embassy.

For further information, please check here: [travel to the EU](#)

Finnish Embassy:

38 Chesham Place, London SW1X 8HW.

Tel: (020) 7838 6200.

E-mail: sanomat.lon@formin.fi

Website: <http://www.finemb.org.uk>

Opening hours (visa section): Mon-Wed 1000-1200.
(Appointments necessary)

Tickets and Flight Times

You will be sent an e-ticket, which shows your flight reference number, with your final departure documents. You will need the reference number for check-in, which can be done online before departure or at the airport.

Please check that the details on your documentation are accurate and that all names are spelt correctly and match the names on your passport.

Your flight ticket is non-transferable and non-refundable. No refund can be given for non-used portions.



Baggage allowance

With Finnair your ticket includes one hold bag of up to 23kg.

Cabin luggage is as follows:

*One piece of carry-on baggage, maximum dimensions (length x width x height) 55 cm x 40 cm x 23 cm (22 in x 16 in x 9 in) up to 8 kg (17.5 lb.).

Please contact the airline for further information:

<https://www.finnair.com/gb-en/baggage-on-finnair-flights>

Transfers

On arrival at Helsinki, transfer to the Glo Hotel Art for check-in (approx. 30 mins transfer).

Border Control

At border control, you may need to show a return or onward ticket, show you have enough money for your stay, use separate lanes from EU, EEA and Swiss citizens when queuing.

Special Requests

If you haven't already done so, please notify Travel Editions of any special requests as soon as possible to allow sufficient time to make the necessary arrangements. Please note that some airlines may charge for use of wheelchairs.

Taking food into EU countries

Please note, you are not able to take meat, milk or any products containing them into EU countries.



Accommodation

Glo Hotel Art, Helsinki

Built in 1903, the Glo Hotel Art is an Art Nouveau castle which will hopefully make your stay in Helsinki unique and memorable. The four-star hotel is located within Helsinki's trendy design district and comprises of the main castle building and an additional modern annexe. The stone castle has thousands of Art Nouveau details throughout the building and is one of Helsinki's most beloved buildings. The hotel has a lounge bar and comfortable bedrooms with en-suite bathroom, TV, telephone, wifi, safe, hairdryer and tea/coffee making facilities.

For more information, please visit the hotel's website:

<https://www.glohotels.fi/en/hotels/glo-art>



Food

Largely based on seasonal and locally sourced produce, the local cuisine's main ingredients are meat, potatoes, vegetables such as cabbage, seafood, and a delicious, deep, black rye-bread.

Potatoes, meat, fish, milk, butter and rye bread are the traditional mainstays of the Finnish diet, but food in Finland has been greatly influenced both by Western (French and Swedish) and Eastern (Russian) cooking. Tourists can expect excellent fresh fish dishes on menus. Examples are pike, trout, perch, whitefish, salmon and Baltic herring. All are in abundance most of the year. Crayfish (a Finnish speciality) is available from July to August. One should also try reindeer meat, smoked or in other forms. Regional dishes include *kalakukko*, a kind of fish and pork pie, baked in a rye flour crust, and *karjalan piirakat*, a pastry of rye flour stuffed with rice pudding or potato and eaten with egg butter. Various kinds of thick soups are also popular.

In restaurants (*ravintola*) the menu is continental with several Finnish specialities. Restaurant prices are moderate if the set menu is chosen.

Inexpensive lunches are served at places called *kahvila* and *baari* (the latter is not necessarily a licensed bar).



Drink

Restaurants are divided into two classes: those serving all kinds of alcohol and those serving only beers and wines. Waiter service is common although there are many self-service snack bars. Bars and cafés may have table and/or counter service and all internationally known beverages are available.

The Finnish berry liqueurs, *mesimarja* (arctic bramble), *lakka* (cloudberry), and *polar* (cranberry), as well as the Finnish vodka (usually served ice cold with meals), are well worth trying. Finnish beer is of a high quality and mild beers are served in most coffee bars. There are strict laws against drinking and driving. In restaurants beer is served from 0900 and other liquor from 1100. All alcohol is served until half an hour before the restaurant closes.

Locally brewed beers, such as *Švyturys*, *Gubernija*, and *Taurus*, are popular and come in a range of strengths and darkness.

Meals included in the holiday are:

Breakfast – daily

Dinner – two dinners at the hotel



Destination

Helsinki has in recent times been the World Design Capital and regularly voted the most liveable city in the world. Known as the 'Daughter of the Baltic,' Helsinki's situation on the southern tip of the Vironniemi peninsula and 315 islands has, along with its late urbanization, by European standards, produced the recipe for a unique and vibrant capital city. More than 600 Art Nouveau buildings survive, and, throughout the twentieth century, the city continued to develop even more spectacular buildings.

Details of places of interest included in your tour:

Helsinki

The Art Nouveau or Jugendstil architecture of the turn of the 20th century developed strong national characteristics in Finland. Helsinki was growing rapidly at the time and Jugendstil imprinted its image on the city's face in the districts of Katajanokka, Ullanlinna and Eira. Renowned Jugendstil creations include the eclectic National Museum, the Headquarters of the Pohjola Insurance Company and the former headquarters of the Helsinki Telephone Company. Hvitträsk with its interiors is a unique residential environment, executed for their own use by the architects Gesellius-Lindgren-Saarinen.

For more information about Helsinki, please visit:
<http://www.visithelsinki.fi/en>

Design Museum

Design Museum is located in the Kaarti section of central Helsinki in the former building of the Brobergsska Samskolan high school (architect Gustav Nyström 1895), it is an internationally recognized national specialist museum of Finnish design, which researches, collects and stores design documents.

For more information about the museum, please visit:
<http://www.designmuseum.fi/>

Temppeliaukio Church

Quarried out of the natural bedrock, Temppeliaukio Church is one of Helsinki's most popular tourist attractions. The interior walls are created naturally

by the rock. The church was designed by architects Timo and Tuomo Suomalainen and opened in 1969. Due to its excellent acoustics the church is a popular venue for concerts.

For more information about the church, please visit:
<https://www.temppeliaukionkirkko.fi/en/index/nimi.html#>

Taidehalli

The Taidehalli building was designed by Hilding Ekelund and Jarl Eklund. Completed in 1928, the building is a prime example of Nordic Classicism in Finland. The building has been renovated several times and the latest major refurbishment was completed in 2009.

For more information about the Taidehalli, please visit:
<https://taidehalli.fi/en/>

National Museum of Finland

The National Museum of Finland illustrates Finnish history from prehistoric times to the present day. Major archaeological finds, the historical, numismatic and ethnological collections have been put together for over 200 years. Workshop Vintti on the third floor is an interactive exhibition especially designed for children, where visitors can study the history of Finland and its culture using their hands and heads.

For more information about the museum, please visit:
<http://www.kansallismuseo.fi/>

Oodi Library

The design of the Oodi divides the functions of the library into three distinct levels: an active ground floor that extends the town square into an interior space; "book heaven" on the upper level; and an enclosed in-between volume containing rooms to accommodate additional services and facilities within the library. This spatial concept has been realised by building the library as an inhabited bridge, with two massive steel arches that span over 100 meters to create a fully enclosed, column-free public entrance space, clusters of rooms

grouped around the structure, and the open-plan reading room carried above.

For more information about the Oodi Library, please visit:

<https://www.oodihelsinki.fi/en/>

Ateneum Art Museum

The Ateneum is a museum of art in Helsinki that holds the largest collection of 19th-century art in Finland. In the past, the Helsinki art academy was also housed in the building. The collection of the Ateneum includes Finnish art from 18th-century rococo portraiture to the experimental art movements of the 20th century.

For more information about the Ateneum Art Museum, please visit:

<https://ateneum.fi/en/>

Hvittrask

Hvittrask was built between 1901-1903 by architects Herma Gesellius, Armas Lindgren and Eliel Saarinen. The main building, designed in National Romantic style, built of logs and natural stone, was both a common studio and a home for Saarinen and Lindgren for some years after it was completed. During that time Gesellius lived in the courtyard building and later moved into the north wing of the main building after Lindgren relocated to Helsinki. During the early decades, the main building served as both an architectural office and as a cultural home. It was visited by such esteemed figures as Jean Sibelius, Axel Gallen-Kallela and Maksim Gorki. The office's staff also lived at Hvitträsk, and this is where the plans were drawn up for the Helsinki Railway Station, the National Museum of Finland and the monumental Munkkiniemi-Haaga project.

Hvitträsk is also the boyhood home for world famous architect Eero Saarinen, who made his reputation primarily in the United States designing buildings and monuments such as the Gateway Arch in St. Louis, Missouri. The Saarinen home is a museum today, and within the courtyard building are a restaurant and a café. Hvitträsk and its lovely English style garden are surrounded by beautiful nature near the shore of Lake Vitträsk.

For more information about the museum, please visit: <http://www.kansallismuseo.fi/>

Gallen-Kallela House and Studio

Designed and built by the artist Akseli Gallen-Kallela (1865-1931), the castle-like Tarvaspää studio and residence was opened to the public in 1961 as the Gallen-Kallela Museum. The museum's temporary exhibitions present the art and life of Gallen-Kallela and his contemporaries and present-day works of contemporary art.

For more information about the house and studio, please visit:

<https://www.gallen-kallela.fi/en/>

Reading suggestions

Helen Dunmore, *House of Orphans*.

Set in Finland at the turn of the 20th century *House of Orphans* is a spellbinding story of love and loneliness is also about the tension between reform and revolution, and a country emerging into Independence.

Richard Rayner, *The Cloud Sketcher*.

The Cloud Sketcher is a rich, intricate sweeping historical epic. Growing up in rural Finland in 1901, 11-year-old Esko bears scars on his face which he received trying to rescue his mother from their burning house a year before. Bereft and meek, Esko is later left by his political activist father with the local priest, who encourages his early interest in architecture by showing him a picture of the very first lift to be installed in Finland.

Your guide/lecturer

Prof Anne Anderson will be your guide for this tour.

Prof. Anne Anderson, author, broadcaster, Lecturer and Fellow of the Society of Antiquaries, was a senior lecturer at Southampton Solent University for 14 years, specialising in the Arts and Crafts, Art Nouveau and Modernism.



Anne's career as an international speaker has taken her all over the world and her TV credits include the BBC's *Flog It!*. Anne has received a rapturous response from or customers at the many Travel Editions UK lectures and tours as well as a host of tours overseas and her knowledge, wit and enthusiasm bring her beloved subjects to life in whatever location she finds them.

During your trip enjoy two evening lectures:

'Finland: Art Nouveau/Jugendstil or Arts & Crafts'

'From Saarinen to Aalto the Golden Age of Finnish Architecture and Design'

Tour Manager

Your tour manager will be on hand throughout the tour to ensure that everything operated according to plan. If you have any problems or questions, please see him or her immediately – it is often possible to resolve complaints or problems very quickly on the spot and do everything to help you enjoy your holiday.

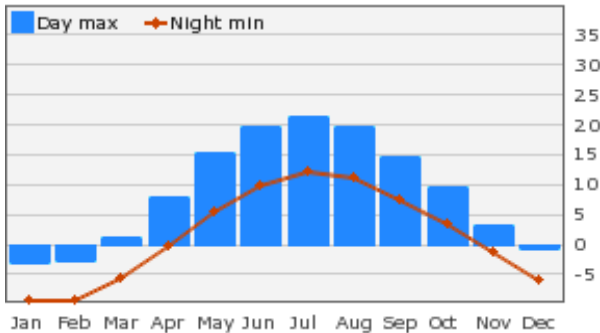
Grading

This tour has been graded as **Demanding**: On your feet all day, uneven terrain (e.g. cobbles).



The Basics

Climate – The weather in Finland at this time of year is likely to be pleasant. However, it can get chilly in the evenings, and there is always the chance of the odd shower, so our best advice is to be prepared.



Time – GMT +3 hours (Summer time Apr-Oct); GMT + 2 (Standard time Nov-Mar).

Language – Lithuanian, Latvian, Estonian.

Religion – predominantly Roman Catholic (Lithuania), Lutheran and Catholic (Latvia), majority non-religious, with some 20% Christian (Estonia).

National holidays

New Year's Day (01 Jan); Epiphany (06 Jan); Good Friday; Easter Sunday; Easter Monday; Labour Day (01 May); Ascension Day; Whit Sunday; Midsummer Day (25 Jun); All Saints Day (01 Nov); Independence Day (06 Nov); Christmas Day (25 Dec); Boxing Day (26 Dec).

Currency

Euro. €1 = 100 cents. Notes are in denominations of €500, 200, 100, 50, 20, 10 and 5. Coins are in denominations of €2 and 1, and 50, 20, 10, 5, 2 and 1 cents.

Banks – Cashpoints compatible with international banking networks are located in all towns and cities, as well as airports, major train stations and other spots. They usually offer an attractive exchange rate. Those banks that still exchange foreign currencies into local money will always charge a transaction fee, so withdrawing money from an ATM usually represents the most logical means of obtaining euros.

Credit cards – American Express, Diners Club, MasterCard and Visa are widely accepted across the country. If you're eating at a restaurant, check prior to the meal that your card will be an acceptable

form of payment. Even in cities, it's advisable to carry a supply of cash with you at all times. Varying amounts of commission can be charged.

Electricity – 220 volt, two-pin continental plug.

Drinking water – Tap water is safe in Finland, although it has high mineral content and can be cloudy. Therefore, bottled water is safer and widely available.

Shops and museums – Shops and stores are generally open Mon-Fri 0900-2100. Many are also open at the weekend including Sundays. Please note that most museums are closed on Mondays.

Clothes & Shoes – You may like to bring medium weight clothing and a warm sweater for cool evenings. Light rain wear for the occasional storm and good grip/flat walking shoes are recommended.

Bath plugs – The hotel has plugs for basins, but it is useful to carry a 'universal' one with you.

Telephones/mobiles – The guarantee of free mobile phone roaming throughout the EU, Iceland, Liechtenstein and Norway has ended. Check with your phone operator to find out about any roaming charges that might be applied after 1st January 2021. A new law means that you are protected from getting mobile data charges above £45 without you knowing. Once you reach £45, you need to opt in to spend more so that you can continue using the internet while you are abroad. Your phone operator will tell how you can do this.

Tipping – To keep our tours affordable, we do not increase the tour price by adding in tips. However, in the tourism industry, there is a certain level of expectation that when receiving a good service, one does award with a tip. Tour Managers, Representatives, Guides and Drivers appreciate a tip at the end of their involvement with the tour, but this is entirely at your discretion. We believe in allowing you to tip according to your level of satisfaction with their services, but for your guidance about £2-3 per person per day for the tour manager is the norm.



Health

Doctor/Dentist/Chemist

Please talk to your tour manager if you are feeling unwell and they will organise for you to see a doctor.

Keep receipts for insurance claims.



Hospital

Your tour manager/hotel reception will arrange hospital transport.

Keep receipts for insurance claims.

General Health Advice

We suggest you take a good supply of your own individual medicines with you and always keep some in your hand luggage in case you get delayed or your luggage goes astray. General-purpose supplies for bites, stings, or scratches, and your usual medication for headaches, or stomach upsets are always recommended. Oral re-hydration sachets are excellent for topping up salt and glucose levels.

Visit the NHS Fit For Travel website for more generally information specific to the country you are visiting – www.fitfortravel.nhs.uk

Inoculations

You should check with your own doctor and take their advice as to which inoculations are required for the country you are visiting, as only they know your medical history and recommendations are liable to change at short notice.



Insurance

To be covered under your Travel Insurance Policy, if you become ill, it is essential that you contact a local doctor and also telephone the emergency number of your insurance company. You will **NOT** be covered for any claim unless this procedure is carried out. Your insurance company will then decide on the best course of medical attention.

Global Health Insurance Card (GHIC)

Before you travel, make sure you've got a valid UK Global Health Insurance Card (GHIC) or travel insurance with health cover.

You may not have access to free emergency medical treatment and could be charged for your healthcare if you do not have an EHIC or GHIC when visiting an EU country, or travel insurance with full healthcare cover when visiting Switzerland, Norway, Iceland or Liechtenstein. If you have an EHIC it will still be valid while it remains in date. Your European Health Insurance Card (EHIC) or Global Health Insurance Card (GHIC) will be valid if you're travelling to an EU country.

We strongly recommend that you take out an appropriate travel insurance policy when you travel abroad.

For further information about the GHIC please visit:

<https://www.nhs.uk/using-the-nhs/healthcare-abroad/apply-for-a-free-uk-global-health-insurance-card-ghic/>



Should an emergency arise, please call our offices on:

00 44 20 7251 0045

Outside office hours (Mon-Fri 0900-1700), telephone our emergency staff on:

00 44 7841 023807 or 00 44 7831 133079

PLEASE USE THESE NUMBERS ONLY IN THE EVENT OF A GENUINE EMERGENCY.

If you find that you are in need of consular assistance during your holiday:

British Embassy Helsinki

Itäinen Puistotie 17

00140 Helsinki

Finland

Email: info.helsinki@fco.gov.uk

Tel: +358 922865100

Fax: +358 922865262

Open Mon-Fri 0900-1630

Travel Editions

3 Young's Buildings, London EC1V 9DB

Tel: 020 7251 0045

Email: tours@traveleditions.co.uk www.traveleditions.co.uk

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